

Sensory Processing Disorders

Most students with FASD will have sensory processing disorders (SPD) from the brain damage their brains have sustained. These SPDs are the source of extreme discomfort and cause a lot of classroom disruption as a result. If you can make environmental accommodations for a student's SPDs everybody is going to have a much better day.

What Does a Sensory Processing Disorder Feel Like?

Imagine trying to understand something when loud music is blaring and the lights are buzzing. Then the bell rings and you are also wearing a scratchy wool sweater over your bare skin. This is how it feels for a child or adult with FASD. How would you behave under these circumstances? How would you act under these conditions?

SPD's are very common in most people, not just students with neurobehaviours.

Carol Kranowitz's book *The Out-of-Sync Child. Recognizing and Coping with Sensory Integration Dysfunction* is an excellent resource.